

STAND UP HAND UP



If you need to put your hand up, stand up
and put your hand up instead.

The background is a solid green color with a repeating pattern of white line-art icons for various fruits and vegetables, including bananas, carrots, broccoli, water bottles, mushrooms, and apples. A large, solid green circle is centered on the page, serving as a backdrop for the text.

Crunch&Sip[®]

Mini Movement Moments